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Headteacher: Mrs A Waplington

24th March 2021.

Dear Parents/ Carers,

It is now a year since the start of the first lock-down and what a year it has been! There have been lots of downs, but many positives too. Hopefully, next week, the remain at home order will be lifted and then on 12th April we will see a further reduction in restrictions. We held a minute's silence in school yesterday to reflect on the past year and I am proud to report that the children observed it beautifully.

Mental Health and Emotional Wellbeing

We have never been more aware than now how important it is to look after our children's mental health and emotional wellbeing. If you have concerns regarding your child's mental health please contact school for advice and support. There are many ways in which parents and carers can support with this and there is lots you can do at home. Healthy Minds have some fantastic resources available online. Please see the link below:

<https://www.lpft.nhs.uk/young-people/lincolnshire/parents-and-carers/how-can-i-help-my-child>

There are video and audio exercises along with ideas for relaxation and exercise, all key factors to promote positive mental health.

Comic relief 2021

It was good to see so many children dressed in red last Friday. From what I can gather from teachers and support staff, some of the jokes the children told were corny, but at least they raised a smile or two! Thanks to your generosity, we managed to raise £42.15 for this fantastic cause.

Easter Holidays.

Just to remind you that school closes at the normal (staggered) times on Wednesday March 31st and will re-open at the normal (staggered) times on Monday April 19th.

Take care and stay safe,
Mrs Waplington

